**Trip Itinerary: cross country skiing at Log Cabin**

Duffle bag with all material is expected at school one day prior to trip for check up unless I send an email to advise

 it is postponed because of temperature forecast colder then -200C.

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| **Day** | **Time** | **Location** | **Activity Details**  |
| Day 1 | 8:45 am | Wood St. | Meeting at school with:* 2 person team food
* dressed to cross country ski

Loading school bus |
|  | 10:00 am | Wood St. | Leaving on the bus |
|  | 12:00 | Log Cabin parking lot  | Students will be putting their duffle bag on a sled as well as group equipment  |
|  | 1:30 | Along the trail | Skiing about 5 km to get to a camping area. Eat lunch along the way. |
|  | 4:30 pm | Base camp | Choose a camping siteSet up camp: 4 person tent + 1 wall tent + set up stoveGather fire woodInstall portable toilet |
|  | 6:30 |  | Prepare and eat dinner outside of wall tent |
|  | 8:00 pm |  | Journal in wall tent or outside |
|  | 9:30 pm |  | Get ready for bed: prepare hot water bottle |
|  | 10:00 pm |  | Bed time |

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| Day 2 | 9:00 am | Base Camp  | Wake up timePrepare and eat breakfastPrepare a lunch |
|  | 11:30 | Buckwheat Trails  | Ski around the area Tracks identification |
|  | 3:30 pm | Camp | Back at campClass time |
|  | 5:30 |  | Prepare and eat dinner outside |
|  | 7:00 pm |  | Journal in wall tent |
|  | 8:00 |  | Group activity in wall tent |
|  | 9:00 pm |  | Getting ready for bed time: prepare hot water bottle |
|  | 9:30 pm |  | Bed time |
| Day 3 | 8:00 am | Base Camp | * Wake up time, Prepare and eat breakfast
* Prepare a lunch
* Pack up 4 person tent
* Taking down wall tent, Put away stove
* Clean our site
 |
|  | 11:30 |  | Leaving to return to Log Cabin parking lot |
|  | 1:00 pm | On the trail | Lunch along the trail |
|  | 2:30 | Log cabin parking lot | Load bus and leave for school |

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| Day 3 | 4:30 | Wood St. | Unload personal gear, group gear and ski bagsFocus on priority tasks such as: * hanging 4 person tents
* hanging wall tent
* hanging school sleeping bags
* carry all group material in classroom
* clean Trangia stove
 |
|  | 5:30 pm | Wood St. | Parent pick upJournal to be completed tonight at home |