**Trip Itinerary: cross country skiing at Log Cabin**

Duffle bag with all material is expected at school one day prior to trip for check up unless I send an email to advise

it is postponed because of temperature forecast colder then -200C.

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| **Day** | **Time** | **Location** | **Activity Details** |
| Day 1 | 8:45 am | Wood St. | Meeting at school with:   * 2 person team food * dressed to cross country ski   Loading school bus |
|  | 10:00 am | Wood St. | Leaving on the bus |
|  | 12:00 | Log Cabin parking lot | Students will be putting their duffle bag on a sled as well as group equipment |
|  | 1:30 | Along the trail | Skiing about 5 km to get to a camping area. Eat lunch along the way. |
|  | 4:30 pm | Base camp | Choose a camping site  Set up camp: 4 person tent + 1 wall tent + set up stove  Gather fire wood  Install portable toilet |
|  | 6:30 |  | Prepare and eat dinner outside of wall tent |
|  | 8:00 pm |  | Journal in wall tent or outside |
|  | 9:30 pm |  | Get ready for bed: prepare hot water bottle |
|  | 10:00 pm |  | Bed time |

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| Day 2 | 9:00 am | Base Camp | Wake up time  Prepare and eat breakfast  Prepare a lunch |
|  | 11:30 | Buckwheat Trails | Ski around the area  Tracks identification |
|  | 3:30 pm | Camp | Back at camp  Class time |
|  | 5:30 |  | Prepare and eat dinner outside |
|  | 7:00 pm |  | Journal in wall tent |
|  | 8:00 |  | Group activity in wall tent |
|  | 9:00 pm |  | Getting ready for bed time: prepare hot water bottle |
|  | 9:30 pm |  | Bed time |
| Day 3 | 8:00 am | Base Camp | * Wake up time, Prepare and eat breakfast * Prepare a lunch * Pack up 4 person tent * Taking down wall tent, Put away stove * Clean our site |
|  | 11:30 |  | Leaving to return to Log Cabin parking lot |
|  | 1:00 pm | On the trail | Lunch along the trail |
|  | 2:30 | Log cabin parking lot | Load bus and leave for school |

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| Day 3 | 4:30 | Wood St. | Unload personal gear, group gear and ski bags  Focus on priority tasks such as:   * hanging 4 person tents * hanging wall tent * hanging school sleeping bags * carry all group material in classroom * clean Trangia stove |
|  | 5:30 pm | Wood St. | Parent pick up  Journal to be completed tonight at home |