**Complex Field Trip Consent**

**Details added to Form 3**

**Trip Itinerary: Canoeing on the Yukon River - 8 days**

*I haven’t entered specific location on the Yukon River as each day brings new challenges and different options for camping. It is also part of student’s leadership skills to choose an appropriate campsite under an adult approbation.*

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| **Day** | **Time** | **Location** | **Activity Details** |
| Day 1 | 8:45 am | Wood St. | Meeting at school with:   * 2-3 person team food for 8 lunches, 8 breakfast and snacks. * One dinner for 15 person * Review material list. |
|  | 10:00 am | Wood St. | Leaving on the bus |
|  | 12:00 pm | Carmacks | Put in under the bridge.   * Unload canoes from trailer * Pack canoe with 8 days worth of gear * Lunch prior to departure |
|  | 1:30 pm |  | Departure with loaded canoes  Review canoes skills such as eddy in and out, ferries, draws and forward stroke |
|  | 6:00 pm | Along the river | * Camp selection * Move canoes to secure place * Set up camp * Team 1 cooks for a group of 15 * Team 2 clean up after dinner * Set up biffy station |
|  | 8:30 pm |  | Journal |
|  | 10:30 pm |  | Get ready for bed |
|  | 11:00 pm |  | Bed time |
| Day 2 | 7:30 am |  | * Wake up time * Prepare and eat breakfast * Prepare a lunch * Take down camp * Clean camp * Load canoe * Close biffy station |
|  | 10:00 am |  | Start paddling 2nd day on the river   * Each day, there is a new team of student leaders who are going to call the rhythm of the day including pee/snacks break, lunch site, camp site selection and a pace that keeps all boats within visual contact. These student leaders will be supported by an adult. * Each day brings a new team of paddlers. There is a constant rotation for everybody. |
|  | 12:30 pm | along the river | Lunch along the river |
|  | 5:00 pm | Fort Selkirk Village | * Camp selection * Move canoes to secure place * Set up camp * Team 2 cooks for a group of 15 * Team 3 clean up after dinner * Set up biffy station |
|  | 7:30 pm |  | Social studies lesson: visit around old village |
|  | 9:30 pm |  | Journal writing in old school |
|  | 10:30 pm |  | Bed time |
| Day 3 | 7:30 am to 11:00 pm | Somewhere along the river | Similar schedule  Day and evening activities will be diversified with science, social, games, music and free time depending on the day |
| Day 4 |  |  | Similar schedule |
| Day 5 |  |  | Similar schedule |
| Day 6 |  |  | Similar schedule |
| Day 7 |  |  | Similar schedule |
| Day 8 | 6:30 am |  | Wake up call |
|  | 8:30 am |  | Start paddling towards Dawson City |
|  | 9:30 am | Dawson City dock | Empty and wash canoes, load canoe trailer and other gear on bus |
|  | 10:30 am |  | Dawson City historical walk |
|  | 1:00 pm |  | leave for Whitehorse |
|  | 5:00 pm |  | Dinner at Coal Mine campground in Carmacks bring $20 in cash |
|  | 8:30 pm | Wood St. | Unload personal gear, group gear and canoe gear  Focus on priority tasks such as:   * hanging tents * hanging school sleeping bags * emptying food barrels * carry all group material in classroom |
|  | 9:30 pm | Wood St. | Parent pick up |

Risk assessment

Canoeing on the Yukon River

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| --- | --- | --- |
| **Hazard identification** | **Likehood/**  **consequence** | **Management/ mitigation** |
| Allergies to be identified prior to trip | 2/5 | * If allergy identified, we will ask you NOT to bring the allergen food items. * Parents/ students will also know if life threatening allergies are identified.   - Let’s keep any trip scent free. |
| Transportation to Carmacks and from Dawson City | 2/4 | * Use a school bus for students. * Put all gear in a truck. * Speed limit to be followed. * Travel as a group: bus and truck. * Truck is pulling the canoe trailer. |
| Heavy rain | 2/3 | * Install tarps over tents * Have a flexible schedule, which allows coming back home earlier if continuous or spending 1-2 days at camp. * Make sure every student brings rain gear and wears it. |
| Heavy wind | 2/3 | * We can install tarps around the group fire pit to cut down the wind. * Have a flexible schedule. |
| Drowning | 1/5 | * On-site supervision and buddy system will be used on the lake and on the river. * People will be wearing their PFDs on the water at all times. * Have a supervisor on shore with a throw bag if swimming tentative happens. Swimmers have to wear a PDF. |
| Canoe capsized | 4/3 | * Always make sure all items are secure to the canoe. * Make sure students have been taught how to do a T-rescue. * Have adult chaperons spread out throughout the group. * Keep boats in visual contact * If it happens, get students back in their boat and find a safe place on shore to build a fire to warm up and change. |
| Bear encounter | 1/5 | * Stay together as a group; bear attacks on groups of 4 or more are extremely rare * Make noise so your presence is known * Give a bear plenty of space * Staff member should carry bear spray * Remove attractants 100m from camp/tents. Do not bring any food in the tent. * Put food and smelly products away at all times and keep a clean shelter (kitchen area). * Use a buddy system when walking around camp. * Make noise at all times while traveling in bear country, even at camp. * Educate yourself and your students: <http://www.env.gov.yk.ca/camping/bearsafety.php> |
| Equipment missing or not working | 3/2 | * Reinforce the importance of checking equipment at home with parents prior to trip such as sleeping bag zipper and thickness. * Visual check of PFD’s, extra paddle, throw bag, water bottle for day paddle. * Take 2 extra sleeping bags and mattresses as a group leader for this first trip. |
| Cooking with stove and fire | 3/3 | * For the canoe trip, 2 Coleman stoves are taken along with propane bottles. Students will learn ho to use them safely. * Cook standing up at the end of a table, cannot eat sitting down until stoves are turned off. * Fire pit are used. Gloves are used to move pots and kettle from the fire. * Students must use fire gloves when using hot water container such a kettle. * Hot pans are identified when cooling down by a sign. * Bring a strainer if pasta is on the menu to avoid burns. |

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| Person missing | 1/5 | * Set up a buddy system * Do body count. * Set a perimeter for the students to stay in. * Maintain visual supervision or use walkie-talkies if leaders are out-of –sight. * Ensure adequate student to teacher ratios |
| Cut while using ax, knifes | 2/4 | * Tips on how to use a knife will be given. How to cut a bagel as an example is a good one. How to carve a piece of wood safely,… * ONLY leaders will split wood. * Fire wood done in day light ahead of time. * Have kindling ready for the next morning. |
| Hypothermia | 3/4 | **While in the canoe**  Each student is to carry:   * Extra clothes * A thermos with hot drink or soup * Lots of food   Leaders will carry:   * An extra sleeping bag and mattress on the river * Extra clothes * Material to start a fire   **At camp**  - students needs to care for each other and notify an adult if a student seems too cold in the evening or at night. |
| Sun burn | 1/3 | * Wear sunglasses. * Apply sunscreen. * Remind each other the hazards of Yukon sun. |
| Giardia | 1/4 | * Bring two 10 L blue jugs. Students are in charge to keep them full at all times, especially on the long river trip. A big water filter is available to process the water safely. Students will learn how to use it. Chaperones will be the only one cleaning the ceramic filter has it is precious and fragile. * If needed, boil water or use chemical treatment for students who don’t take the time to boil their water. |
| Over the counter drug use | 3/3 | * Parents should sign the Medication Consent Form and their child won’t have to bring those drugs along. * **Advantage for leaders to know who is feeling ill or sore.** |

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| Medical emergencies | 1/5 | * Be aware of everybody’s health situation and share with whole group so that we all care for each other. * Bring a copy of everyone’s medical information on site including leader, students and chaperones. |
| Constipation | 3/3 | * Have a biffy station that is private and safe. * Dig and fill back if possible, more enjoyable than a plastic bag in a bucket. * Have a high fiber diet. * Have a special entry in journal on day 3 and 6 to find out what is each student bowel situation. |
| Sprain ankle | 3/3 | * Wear appropriate footwear. * Student will be sent home if necessary. |
| Trench feet | 3/3 | * Wear appropriate footwear. * Change footwear after each day on the water. * Change socks and use plastic bag in footwear if needed. * Dry boots and/or felts in the evening. |

**Equipment List**

**Canoe Trip Group Gear**

# **Navigation**

* Maps
* Route plan and charts
* GPS
* Spare Batteries for GPS

# **Communication**

* Spot device
* Sat Phone with contact numbers

# **Miscellaneous**

* First Aid Kit
* 3 Bear Spray
* Water pump (one big group pump + 2 personal size pumps)
* Drops for water sanitization
* Large group Tarp
* Library
* Splitting axe
* Group Water Container 2 x 10 L
* Group repair kit/extra chord/rope
* Camera

## Log book

* Fire starter kit
* Biffy Kit (Mantis Tarp and shovel)
* Canoe rescue Kit (z-drag)

**Repair kit**

* 1 roll Duct Tape
* Long Bolts for seats and thwarts
* Assorted Zip Ties
* Seam Sealer
* Patch material
* Sewing kit
* Wire
* Multi-tool knife

**Kitchen Inventory**

* 2 Coleman stove with propane
* 2 Fire Grills
* 2 Dutch Oven and lid
* 3 Nested pots
* 3 Pot lids
* 1 Strainer
* 1 Kettle
* 1 cutting Board
* Colander
* 2 wash basins
* 1 Juice Pitcher

##### Dish washing supplies

* pot scrubbers
* 1 bottle Bleach
* 1 container of Bio-degradable soap
* drying towels

##### In the Stuff Sack

* 2 pairing knives
* 1 large knife
* Can opener
* Spatula
* Ladle
* Metal Spoon
* Wooden Spoon
* Flipper
* Measuring cups
* Measuring spoons
* Oven Mitts

##### Fire Starting

* Matches in Waterproof container.
* Fire starters
* Axe
* Folding Saw

##### Other Stuff

* Metal trowel
* Ziploc Bags
* Garbage Bags

***As the cook’s helper and then the cook it is your responsibility to see that everything from this list is accounted for, clean and packed in the kitchen kit****.*

# **LISTE D’ÉQUIPEMENT**

**Équipement en canot:** *fourni par l’école*

* Veste de flottaison individuelle (VFI)
* Pagaie
* Éponge
* Écope
* Sac à corde
* Corde de pointe
* Canot
* Grand sac au sec pour mettre tout le matériel
* Petit sac au sec pour la journée
* Grand baril pour la nourriture

## Vêtements à porter en canot

* Bottes à l’eau ou souliers de course avec bas de laine
* Gants/mitaines + tuque
* Chapeau soleil et/ ou pluie
* Pantalon qui sèche vite
* Chandail
* Toujours avoir l’imperméable accessible dans le sac de jour + 1 chandail/manteau

### Abri

* Tente *fournie par l’école*
* Sac de couchage dans sac de compression
* Matelas de sol
* Toile pour installer sur la tente *fournie par l’école*
* Corde de nylon petit diamètre (20 mètres)
* 2 sacs à poubelle pour mettre équipement mouillé

## Vêtements

*- Éviter les vêtements de coton*

*- Planifier de porter les mêmes vêtements pour au moins 2 à trois jours*

*- Mettre des vêtements secs pour dormir*

* Bottes de caoutchouc
* Souliers de camp
* Sandales
* 3 paires de bas de laine
* 2-3 gilets en synthétique ou en laine à manches longues (2 pour le canot, 1 pour le camp)
* 1 t-shirt pour le camp
* 1 manteau coupe-vent et imperméable
* 1 pantalon imperméable
* 1 manteau chaud en polar/ duvet ou synthétique
* 2 pantalons qui sèchent vite (1 pour le canot + 1 pour le camp)
* 2 sous-vêtements pour les jambes (combinaison) (1 pour le canot si c’est froid + 1 pour le camp)
* 2 paires de gants ou mitaines de laine
* 4-5 petites culottes/ bobettes/ boxers
* 1 tuque
* 1 paire de culottes courtes (shorts)
* 1 ensemble dodo avec tuque et bas de laine
* 1 costume de bain
* 1 serviette
* 2 bandanas
* veste anti-moustique

## Trousse personnelle

* Papier de toilette
* Brosse à dents et pâte à dents
* Débarbouillette pour te laver
* Savon biodégradable
* Serviettes sanitaires et/ou tampons
* Médicaments personnels

## Matériel de cuisine

* Couteau, fourchette, cuillère
* Thermos pour liquide chaud
* Thermos à grande ouverture pour soupe (optionnel)
* Couteau multi-utilité
* Assiette et tasse
* 1 bouteille d’eau 1 litre
* 1 bouteille pour mettre jus/ thé glacé/… (optionnel)
* Nourriture

## Autre matériel

* Journal de voyage + crayon + efface
* 3 sacs de rangement pour organiser les vêtements
* Lunettes soleil
* Baume à lèvre
* Chasse-moustiques
* Appareil photo
* Lampe frontale
* Briquet ou allumettes
* 2 sacs de poubelle
* Montre ou Cadran (Alarme)

Canoeing gear

*   All participants must wear a properly fitting, Transport Canada approved life jacket/P.F.D., at all times when on the  water or scouting.

  All participants must have a whistle attached to PFD.

*   All participants will use the following from school : 1 food barrel, 1 small dry bag for snacks and extra clothes, 1 big dry bag
  + 1. Each canoe must have:
*   One buoyant heaving line of not less than 15 m in length,
*   One bailer
*   Painters made of floating rope, thick enough to hold comfortably.
*   Ropes used for towing will not be tied directly to canoes or individuals – quick releasing hitches from one canoe to the  other will be used.